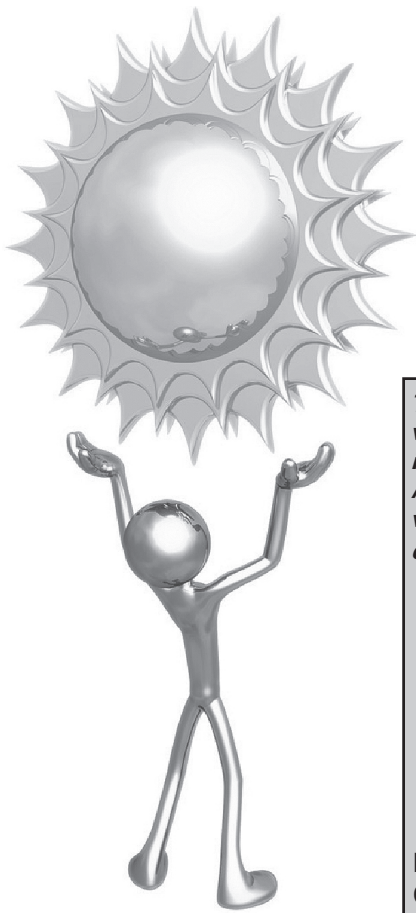


Don't Worry Be Healthy!



The best way to avoid illness is with wellness. We have a wealth of information and ideas about wellness. At this year's community health fair, we are offering several free and low cost screenings and information.



Community Health Fair

Sponsored by Colorado Plains Medical Center

When: Saturday, February 6, 2010

7:00 a.m. – 11:00 a.m.

Where: Fort Morgan High School

For Information & Brochures call:

Colorado Plains Medical Center

970-867-3391

www.coloradoplainsmedicalcenter.com



DON'T MISS:

- ▶ 9:30 AM Healthy Cooking Demonstration
- ▶ 10:30 AM Informative health topic lectures, including speaker and author, Julie Pech, The Chocolate Therapist, addressing "The Extraordinary Health Benefits of Chocolate"
- ▶ More than 50 local vendors with booths
- ▶ Early convenient blood draws – see additional information at right

Early Blood Draws

Early blood draws are available for health fair participants at Colorado Plains Medical Center February 2 – 5, 2010, between the hours of 6:00 a.m. – 8:00 a.m. No appointment needed. Cost: \$25 for the comprehensive metabolic profile. Thyroid is an additional \$10. PSA for men is an additional \$20. Fasting recommended. Water & medications acceptable.

The Community Health Fair is presented by:

Beyer Laser Center
B106 Radio
Comfort Inn
Eastern Plains Anesthesia & Pain Services LLC
Fort Morgan Medical Group
Northern Colorado Allergy & Asthma Clinic

Blue Lightning Broadband Internet
Bruntz Electric
Centennial Area Health Education Center
Diamond Back Concrete Construction
Eastern Colorado Workforce Center
Eben Ezer Lutheran Care Center
Edward Jones – Wes Cable
Front Range Cancer Specialists
Morgan Community College
Morgan County Early Childhood Council
S.A.R.A., Inc.
Wells Fargo
Wiggins Telephone Association

**COLORADO PLAINS
MEDICAL CENTER**

In Conjunction with

KAY JAN inc.

Spotts Bros
SPORTS & RECREATION CO.
Fort Morgan, CO

LifeMATTERS
THERAPY AND WELLNESS CENTER

Health
LEADING HOSPITALS.
TRUSTED CARE.

Heart Center
OF THE ROCKIES
PROVIDING HEALTH CARE

POUDREE VALLEY HEALTH SYSTEM
www.pvh.org

Lea Ann Elliott, M.D.
DISTRICT AND GYN/COLORECTAL

COLORADO PLAINS
PHYSICIAN PRACTICES

ADFX
SHREDDING INC.

St. Anthony Central Hospital
St. Anthony Health

